



Crosshill School
Salisbury Road
Darwen
BB3 1HZ

T 01254 667713
E info@crosshill.blackburn.sch.uk

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Introduction of a Nut free policy in School

Dear parents/carers

In order to protect people within School who have allergies to nuts we are introducing a nut free policy in School. People who suffer from nut allergies can develop a severe, potentially life-threatening allergic reaction. If someone has a nut allergy it is not just eating nuts that can cause a severe reaction, just being touched on the skin or smelling the breath of someone who has had nuts or a product containing nuts can trigger anaphylactic shock (which can cause breathing and swallowing difficulties). First aid staff in the school are trained to use the Epi-pens (an injection of adrenalin) which is required immediately if this happens. We cannot have nuts in school in any form. So please can we ask that you have no nut products in lunch boxes or brought into the school as treats.

Our 'Nut-free policy' means that the following items should not be brought into School:

- Packs of nuts
- Peanut butter or Nutella sandwiches
- Fruit and cereal bars which contain nuts
- Chocolate bars or sweets that contain nuts
- Cakes made with nuts

We do not use nuts in any of our food prepared on site at our school. However, we cannot guarantee products are free from nut traces.

Please do not hesitate to contact School if you have any queries, we thank you for your support.

Senior Leadership Team

Prepare and flourish